



UNIVERSITY LUNCHTIME SPORTS

6-a-side MIXED TOUCH RULES

Team Size

1. Each team shall name a squad not exceeding 8 players (6 on the field & 2 substitutes)
2. The minimum number of players that can be fielded without incurring a forfeit is 5

Mixed Rules

3. All teams must be mixed. At least ONE minority gender player must remain on the field for the entire game. If the team is not mixed a penalty score (equivalent to a forfeit score) will be awarded against that team.
4. Where a minority gender player has to leave the court (e.g. due to injury), only a player of the same gender may replace that player.
5. No bonus points are awarded for additional minority gender players.

Game Duration

6. Each game is of 20 minutes duration (running time) with no half time.
7. Play commences at the scheduled time.
8. Teams must take the field within five (5) minutes of the scheduled starting time, after this, a forfeit score applies to the late team.

Rules

9. Substitutes can be made at any time so long as the player(s) coming onto the field do so from an on-side position.
10. After SIX(6) touches, change of possession.
11. A dropped ball (knock-on) will result in change of possession.
12. If a defender deliberately plays at the ball and the ball goes to the ground the attacking team gets six more touches.
13. Intercept is play on.
14. Defenders must be back a minimum of 5 meters.
15. Play starts with a tap at half way.
16. Penalties will be awarded against.
 - Forward passes
 - Touch and pass
 - Kicking the ball
 - Defenders inside 5 meters
 - Any dangerous play
 - Disputing referees decision
17. Team captains have to sign against the score sheet at the end of their games.

Forfeit Score

18. Forfeit Score is five (5) – nil (0)

The winner will be decided by: First past the post. In the event of three or more teams having equal number of points at the end of the competition, final positions will be decided by percentages and the top two teams will play a grand final. (Win=3, Draw=2, Loss=1, Forfeit=0 points).

This competition is social. Any foul play, abusive language, spitting, gouging, bickering etc will not be tolerated. The Referee is the final arbitrator in any dispute

URAC has the final decision on cancellation of Lunchtime Sport as a result of inclement weather and or field condition. Light rain doesn't mean cancellation. The decision will be made at 11.00am on the day. When the weather looks questionable please contact URAC after 11.00am for confirmation that the games will be going ahead. (02) 4221 4700