



LUNCH TIME SPORTS

5 a side soccer (football)

Team Size

1. Each team shall name a squad not exceeding 8 players (5 on the field & 3 subs)
2. The minimum number of players that can be fielded without incurring a forfeit is 4
3. All teams must be mixed and contain at least one minority gender player. A minority gender player must remain on the field for the duration of the game.
4. If the team is not mixed a penalty score (equivalent to a forfeit score) will be awarded against the offending team.
5. Where a minority gender player has to leave the field (eg due to injury) only a player of that gender may replace them.
6. No bonus points are awarded for additional minority players.

Game Duration

7. Each game is 20 minutes in duration (running time) with no half time
8. Play commences at the scheduled time
9. A forfeit may be claimed if the opposing team has failed to turn up not less than 5 minutes after the scheduled starting time.

Rules

10. A player in possession of the ball may not be dispossessed from behind or by a sliding tackle
11. There is no offside
12. The "D" is only to be occupied by the keeper
13. An attacker may be played in to the defensive "D" and may only be challenged by the keeper. In the event another player attacker or defender enters the "D" a free kick will be awarded
14. The keeper may only defend with their feet. No hands are to be used at all!
15. No player is allowed to play in boots only runners must be worn
16. No sunglasses, no arm casts or other dangerous items may be worn (referees discretion as to the deeming of dangerous wear)
17. There are no corners but throw ins
18. There are no throw ins for a side line infringement but a kick to the non offending team
19. The referee has the power to award a free kick, sin bin or send off any player they feel to be playing in a dangerous, intimidating or offensive fashion.
20. Team captains must sign the scoresheet at the conclusion of the game.
21. Forfeit scores will be registered three (3) to nil (0)

The winner of the competition is the team with the most amount of game points (win = 3, draw = 2, loss = 1). In the case where two teams have the same number of points the winner will be decided by overall percentage of points for and against.

All teams please note. This competition is SOCIAL!! Any foul play, abusive language or intimidation will not be tolerated. The referee has the power to dismiss offending players or teams. In such circumstances no refund will be afforded to offending teams.